

## PRESENTS 2014 Calendar of Public Health Events

| Date           | Event   | Contact   |  |  |
|----------------|---|---|--|--|
| JANUARY 2014   |   |   |  |  |
| 4              | World Braille Day   | www.rnzfb.org.nz                                |  |  |
| FEBRUARY 2014  |   |   |  |  |
| 1 – 28         | IHC National Awareness and Appeal Month   | www.ihc.org.nz                                  |  |  |
| 1 – 28         | National Bike Wise Month - 12th February "Go by Bike Day"   | www.bikewise.co.nz                              |  |  |
| 10 – 16        | Heart Appeal Week – 12 <sup>th</sup> Street Appeal Day  | www.heartfoundation.org.nz                      |  |  |
| 27 Jan – 7 Feb | Term 1 begins – Primary, Intermediate and Secondary Schools   | www.minedu.govt.nz                              |  |  |
| MARCH 2014     |   |   |  |  |
| 1 – 31         | Child Cancer Appeal Month "Beads Of Courage" Appeal 20-22 March   | www.childcancer.org.nz                          |  |  |
| 1 - 31         | Melanoma Awareness Month - supported by Ironman NZ  | www.melanoma.org.nz                             |  |  |
| 1 – 31         | Epilepsy New Zealand Awareness and Appeal Month – 26 <sup>th</sup><br>"International Purple Day" – Global day of Epilepsy Awareness | www.epilepsy.org.nz                             |  |  |
| 2              | National Children's Day   | www.childrensday.org.nz                         |  |  |
| 3 – 9          | Plunket Society Fundraising Week  | www.plunket.org.nz                              |  |  |
| 3 - 9          | Well Child Week   | www.wellchild.org.nz                            |  |  |
| 6              | World Book Day  | www.worldbookday.com                            |  |  |
| 8              | International Women's Day   | www.internationalwomensday.com                  |  |  |
| 10 – 16        | Brain Awareness week  | www.neurological.org.nz                         |  |  |
| 10 – 16        | Kidney Health Awareness Week – World Kidney Day 13 <sup>th</sup> March  | www.kidneys.co.nz                               |  |  |
| 10 – 16        | Red Cross Awareness and Appeal Week   | www.redcross.org.nz                             |  |  |
| 12             | Walk To Work Day  | www.livingstreets.org.nz                        |  |  |
| 12             | World Oral Health Day   | www.nzda.org.nz                                 |  |  |
| 20-22          | Child Cancer "Beads of Courage" street appeal   | www.childcancer.org.nz                          |  |  |
| 21             | International Day for the elimination of racial discrimination  | www.un.org/en/events/observances/d<br>ays.shtml |  |  |
| 22 – 30        | Muscular Dystrophy Awareness and Appeal Week  | www.mda.org.nz                                  |  |  |
| 24             | World Tuberculosis Day  | www.stoptb.org                                  |  |  |
| 24 – 30        | Hearing Week  | <u>www.nfd.org.nz</u>                           |  |  |
| 28 – 29        | Red Puppy Awareness and Appeal RNZFB (Guide Dog appeal)   | www.rnzfb.org.nz                                |  |  |
| 29 – 30        | Neighbours Day Aotearoa   | www.neighboursday.org.nz                        |  |  |
| APRIL 2014     |   |   |  |  |
| 2              | World Autism Day  | www.autismnz.org.nz                             |  |  |
| 7              | World Health Day  | www.who.int                                     |  |  |

| 7 – 14 Stroke Awareness Week  17 Term 1 ends – Primary, Intermediate and Secondary Schools  New Zealand RSA "Poppy Day"  26 – 3 May  World Immunisation Week  World Day of Safety and Health at work  28 World Day of Safety and Health at work  28 April – 4 May  Salvation Army Red Shield Appeal  MAY 2014  4 - 10 Privacy Awareness Week  International Midwives Day  World Hand Washing Day  Term 2 begins - Primary, Intermediate and Secondary Schools  Www.minedu.govi.  | nz<br>ek.info<br>e/events/ann<br>en/index.html<br>servances/d<br>.org.nz                |  |  |  |
|--|---|--|--|--|
| 18 New Zealand RSA "Poppy Day"  26 – 3 May  World Immunisation Week  World Day of Safety and Health at work  28 World Day of Safety and Health at work  28 April – 4 May  Salvation Army Red Shield Appeal  MAY 2014  4 - 10 Privacy Awareness Week  International Midwives Day  World Hand Washing Day  Term 2 begins - Primary, Intermediate and Secondary Schools  Www.nun.rga.org.ni  www.midwifery.coun  www.midwifery.coun  www.minedu.govi  5 Term 2 begins - Primary, Intermediate and Secondary Schools  www.nutritionfoundat  6 World Asthma Day  www.ginasthma  | nz ek.info e/events/ann en/index.html servances/d .org.nz ncil.org.nz org.nz            |  |  |  |
| 28 World Day of Safety and Health at work  28 World Day of Safety and Health at work  28 April – 4 May Salvation Army Red Shield Appeal  MAY 2014  4 - 10 Privacy Awareness Week  International Midwives Day  World Hand Washing Day  Term 2 begins - Primary, Intermediate and Secondary Schools  Www.nun.org/en/events/obs_ays.shtml  www.salvationarmy.shtms  Way 2014  4 - 10 Privacy Awareness Week  International Midwives Day  www.midwiferycoun  for Term 2 begins - Primary, Intermediate and Secondary Schools  www.nutritionfoundat  www.nutritionfoundat  www.nutritionfoundat   | nz ek.info e/events/ann en/index.html servances/d .org.nz ncil.org.nz org.nz            |  |  |  |
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| 28 April – 4 May Salvation Army Red Shield Appeal www.salvationarmy.d  MAY 2014  4 - 10 Privacy Awareness Week http://privacy.org.  5 International Midwives Day www.midwifery.coun  5 World Hand Washing Day www.handhygiene.c  5 Term 2 begins - Primary, Intermediate and Secondary Schools www.minedu.govt  5 Food Week www.nutritionfoundat  6 World Asthma Day www.ginasthma   | org.nz  ncil.org.nz  org.nz   |  |  |  |
| MAY 2014  4 - 10 Privacy Awareness Week <a href="http://privacy.org.">http://privacy.org.</a> 5 International Midwives Day <a href="http://privacy.org.">www.midwiferycoun</a> 5 World Hand Washing Day <a href="http://www.handhygiene.co">www.handhygiene.co</a> 5 Term 2 begins - Primary, Intermediate and Secondary Schools <a href="http://www.minedu.gov/">www.minedu.gov/</a> 5 Food Week <a href="http://www.minedu.gov/">www.minedu.gov/</a> 6 World Asthma Day <a href="http://www.minedu.gov/">www.minedu.gov/</a>   | ncil.org.nz<br>org.nz   |  |  |  |
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| 6 World Asthma Day <u>www.ginasthma</u>  | tion.org.nz   |  |  |  |
|  |   |  |  |  |
| 8 World Red Cross Dav www.redcross.or  | a.org   |  |  |  |
| <u>/////////////////////////////////////</u>   | org.nz  |  |  |  |
| 12 ME Awareness Day <u>www.anzmes.o</u>  | org.nz  |  |  |  |
| 12 International Nurses Day <u>www.nursingcound</u>  | cil.org.nz  |  |  |  |
| 11 – 18 Hospice Awareness Week <u>www.hospice.or</u>   | <u>org.nz</u>   |  |  |  |
| 12 -18 NZ Sign Language Week <u>www.deaf.org</u>   | <u>j.nz</u>   |  |  |  |
| 15 International Day of Families <u>www.un.org</u>   | ā   |  |  |  |
| 17 – 25 Youth Week Theme "Be the Change" <u>www.arataiohi.org</u>  | g.nz  |  |  |  |
| 19 – 26 Road Safety Week – Theme "Tune into Road Safety" <u>www.brake.org</u>  | g.nz  |  |  |  |
| 23 - 25 World Vision 40 Hour Famine <u>www.famine.or</u>   | rg.nz   |  |  |  |
| TBA Cyber Security Awareness Week <u>www.securitycentral.</u>  | .org.nz   |  |  |  |
| 29 World Multiple Sclerosis Day <u>www.msnz.org.r</u>  | <u>nz</u>   |  |  |  |
| 31 World No Tobacco Day <u>www.hsc.org.n.</u>  | <u>ız</u>   |  |  |  |
| 31 May – 6 June Infant Gastric Reflux Awareness Week <u>www.cryingoverspiltr</u>   | milk.co.nz  |  |  |  |
| JUNE 2014  |   |  |  |  |
| TBA Autism NZ Appeal week www.autismnz.c   | org.nz  |  |  |  |
| 9 - 15 International Men's Health Week www.menshealthmont www.getthetools.   | th.org/week   |  |  |  |
| 14 World Blood Donor Day www.who.int/campaid blood-donor-co  | igns/world-   |  |  |  |
| 15 – 21 National Volunteer Week <u>www.volunteeringn</u>   |   |  |  |  |
| 19 – 25 Coeliac Awareness Week <u>www.coeliac.co</u>   | : <u>o.nz</u>   |  |  |  |
| 20 World Refugee Day <u>www.unhcr.org</u>  | g.au  |  |  |  |
| 23 – 29 (World) Continence Awareness Week <u>www.continence.</u>   | .org.nz   |  |  |  |
| 26 International Day Against Drug Abuse and Illicit Trafficking <u>www.undcp.c</u>   | org   |  |  |  |

| JULY 2014       |  |  |  |  |
|-----------------|--|--|--|--|
| 1 – 31          | Women's Refuge Awareness Month                                     | www.womensrefuge.org.nz                                |  |  |
| 4               | Term 2 Ends – Primary, Intermediate and Secondary Schools          | www.minedu.govt.nz                                     |  |  |
| 21-27           | Maori Language Week  | www.tetaurawhiri.govt.nz                               |  |  |
| 21              | Term 3 begins – Primary, Intermediate and Secondary Schools        | www.minedu.govt.nz                                     |  |  |
| 28              | World Hepatitis Awareness Day                                      | www.hepfoundation.org.nz                               |  |  |
| AUGUST 2014     |  |  |  |  |
| 1 – 7           | World Breastfeeding Week   | www.womens-health.org.nz/                              |  |  |
| 1               | Silent Leadership Challenge  | www.nfd.org.nz   |  |  |
| 3 – 9           | @Heart Awareness Week - @Heart Street Appeal Friday 8 August       | www.heartnz.org.nz                                     |  |  |
| 9               | International Day of Indigenous People                             | www.un.org   |  |  |
| 11 – 17         | Parent to Parent NZ Awareness Week (collection day 17 August)      | www.parent2parent.org.nz                               |  |  |
| 29              | Cancer Society "Daffodil Day"                                      | www.cancernz.org.nz                                    |  |  |
| 30 – 6 Sept     | Multiple Sclerosis Appeal Week                                     | www.msnz.org.nz  |  |  |
|                 | SEPTEMBER 2014   |  |  |  |
| 1               | National Gamble Free Day   | http://pgfnz.org.nz/events/gamblef<br>ree-day/         |  |  |
| 1 – 30          | Cervical Screening Awareness Month                                 | www.nsu.govt.nz  |  |  |
| 1 – 30          | Save Our Sight Month   | www.nzao.co.nz<br>www.saveoursight.co.nz               |  |  |
| 1 – 30          | Students Against Driving Drunk (SADD) Month                        | www.sadd.org.nz/                                       |  |  |
| 7 – 14          | Conservation Week  | www.doc.govt.nz  |  |  |
| 9               | Fetal Alcohol Syndrome Awareness day                               | <u>www.fan.org.nz</u>                                  |  |  |
| 12 – 28         | Bandanna Appeal "Canteen"  | www.canteen.org.nz                                     |  |  |
| 14              | Máori Language Day   | www.tetaurawhiri.govt.nz                               |  |  |
| 15              | World Lymphoma Awareness Day                                       | www.lymphomacoalition.org                              |  |  |
| 21              | World Alzheimer's Day  | www.alzheimers.org.nz                                  |  |  |
| 21              | International Day of Peace   | www.unesco.org.nz                                      |  |  |
| 22              | World Car Free Day   | www.carfreemetrodc.com/<br>www.worldcarfree.net/wcfd/  |  |  |
| 21 - 28         | Hospital Chaplaincy Awareness week                                 | www.ichc.org.nz  |  |  |
| 22 – 28         | Deaf Awareness Week  | www.nfd.org.nz   |  |  |
| 21 - 28         | Get Ready Week   | www.civildefence.govt.nz                               |  |  |
| 24 – 30         | Arthritis Orange Appeal Week                                       | www.arthritis.org.nz                                   |  |  |
| 26              | Term 3 ends – Primary, Intermediate and Secondary Schools          | www.minedu.govt.nz                                     |  |  |
| 27 Sept – 5 Oct | Age Concern Awareness Week   | www.ageconcern.org.nz                                  |  |  |
| OCTOBER 2014    |  |  |  |  |
| 1 – 31          | Health Literacy Month  | www.healthliteracymonth.org/<br>www.healthliteracy.com |  |  |
| 1 – 31          | Breast Cancer Awareness Month. Street Appeal Days 10-11<br>October | www.nzbcf.org.nz                                       |  |  |

| 1              | International Day of Older Person   | www.ageconcern.org.nz  |  |  |
|----------------|---|--|--|--|
| 4              | Blood Pressure Day  | www.stroke.org.nz/stroke-blood-<br>pressure-campaign           |  |  |
| 5              | World Teachers Day  | www.5oct.org   |  |  |
| 6 – 12         | Mental Health Awareness Week  | www.mentalhealth.org.nz  |  |  |
| 10             | Breast Cancer "Pink Ribbon Day"   | www.nzbcf.org.nz   |  |  |
| 13 - 19        | Asthma Awareness Week - Balloon Day 17 October  | www.asthmanz.co.nz   |  |  |
| 13 – 19        | Cystic Fibrosis Week - collection day 17 October  | www.cfnz.org.nz  |  |  |
| 13             | Term 4 begins – Primary, Intermediate and Secondary School                                      | www.minedu.govt.nz   |  |  |
| 20             | World Osteoporosis Day  | www.bones.org.nz   |  |  |
| 24             | United Nations Day  | www.un.org   |  |  |
| 28 Oct – 3 Nov | Blind Appeal Week   | www.rnzfb.org.nz   |  |  |
| NOVEMBER 2014  |   |  |  |  |
| 1 – 7          | Parkinson's Society Awareness and Appeal Week   | www.parkinsons.org.nz  |  |  |
| 1 – 30         | 5+ A Day Promotion Month  | www.5aday.co.nz<br>www.vegetables.co.nz                        |  |  |
| 1 – 30         | "Movember" Men's Health Month   | http://nz.movember.com/  |  |  |
| 1 – 30         | Epilepsy New Zealand "Talk about it" month  | www.epilepsy.org.nz  |  |  |
| 12             | International day of Pneumonia  | www.who.int/pmnch/media/events/<br>/2013/pneumonia_day/en/     |  |  |
| TBA            | Diabetes New Zealand Awareness and Appeal Week. World<br>Diabetes Day 14 <sup>th</sup> November | www.diabetes.org.nz  |  |  |
| 16             | World COPD Day  | www.asthmafoundation.org.nz/ne<br>ws-and-events/world-copd-day |  |  |
| 25             | "White Ribbon Day" for the Elimination of Violence against Women                                | www.whiteribbon.org.nz   |  |  |
| DECEMBER 2014  |   |  |  |  |
| 1              | World Aids Day  | www.nzaf.org.nz  |  |  |
| 3              | International Day of Disabled Persons   | www.dpa.org.nz   |  |  |
| 5              | Safe Sleep Awareness Day  | www.changeforourchildren.co.nz                                 |  |  |
| 5              | World Volunteers Day  | www.worldvolunteerweb.org                                      |  |  |
| 10             | World Human Rights Day  | www.amnesty.org.nz   |  |  |
| 16             | Term 4 ends – Secondary School  | www.minedu.govt.nz   |  |  |
| 19             | Term 4 ends – Primary and Intermediate Schools  | www.minedu.govt.nz   |  |  |

Toi Te Ora – Public Health Service have collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct. For more information about each event please contact the relevant organisation through their website.

Toi Te Ora – Public Health Service works to improve and protect the health of the population in the Lakes and Bay of Plenty District Health Board districts with a focus on reducing inequalities in health.

This calendar is also available online at <a href="https://www.ttophs.govt.nz/calendar">www.ttophs.govt.nz/calendar</a> or for further information phone 0800 221 555.